



Semaglutide

Semaglutide is a GLP-1 receptor agonist, meaning that it mimics the action of the human incretin glucagon-like peptide-1 (GLP-1), thereby increasing insulin secretion and increasing blood sugar disposal and improving glycemic control.

What does it do?

- Improves insulin control and lowers blood sugar
- Reduces excess fat & Lowers BMI
- Improves control of eating and reduces appetite
- Promotes Visceral Fat Loss
- Improves blood sugar levels in adults with Type 2 diabetes & Lowers A1C
- Lowers risk of cardiovascular events such as heart attacks & strokes

What are the side effects? Risks?

- Side Effects: nausea, vomiting, diarrhea, abdominal pain, and constipation
- Contraindications: medullary thyroid cancer, multiple endocrine neoplasia type 2 family history of medullary thyroid carcinoma, pregnancy, breastfeeding

What is in the box?

- Injection: Prescription vial with quantity and dose sufficient liquid medication, Alcohol Swabs, as well as 31g injection needles.

How do I take it?

- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen.
 - See supplemental information sheet regarding specific Injection Techniques.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.

- See supplemental information sheet regarding recommended diet plans.

Tirzepatide

Tirzepatide is a peptide prescription medication that acts on GIP receptors and GLP-1 receptors,. This dual agonist behavior has been shown to produce reduction of weight.

What does it do?

- Promotes Visceral Fat Loss
- Improves blood sugar levels in adults with Type 2 diabetes & Lowers A1C
- Lowers risk of cardiovascular events such as heart attacks & strokes
- Lowers BMI
- Plaque hemorrhage is reduced
- Helps pancreatic insulin release to lower glucose levels in the bloodstream

What are the side effects? Risks?

- Side Effects: nausea, vomiting, diarrhea, abdominal pain, and constipation
- Contraindications: medullary thyroid cancer, multiple endocrine neoplasia type 2 family history of medullary thyroid carcinoma , Pregnancy, Breastfeeding

What is in the box?

Injection: Prescription vial with quantity and dose sufficient liquid medication, Alcohol Swabs, as well as 31g injection needles.

How do I take it?

- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen.
 - See supplemental information sheet regarding specific Injection Techniques.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.

- See supplemental information sheet regarding recommended diet plans.



morph HEALTH + WELLNESS

Loco/Polli

Loco Lo/Hi and Polli Plus/Max/Morph are original formulations of Morph. These prescriptions are the gold standard of rapid weight loss.

What does it do?

- Weight Loss
- Decrease in peripheral fat
- Appetite Suppression
- Blood sugar regulation
- Increased energy

What are the side effects? Risks?

- Side Effects: Insomnia during adjustment phase <1 percent, tachycardia <1 percent, Nausea, constipation, dry mouth
- Contraindications: Prior MI, Atrial Fibrillation, Pregnancy, Breastfeeding, Stroke

What is in the box?

- Capsule: Quantity sufficient capsules shipped in a small plastic pill container.

How do I take it?

- Capsule: Take one capsule every morning 30 minutes prior to your first meal.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.

- See supplemental information sheet regarding recommended diet plans.



morph HEALTH + WELLNESS

LipoMorph

LipoMorph is a cream formulation that is targetted to dissolve cellulite, aid in burning fat, and reduce the appearance of stretch marks.

What does it do?

- Improves appearance of cellulite
- Promotes fat loss
- Reduces the appearance of stretch marks

What are the side effects? Risks?

- Side Effects: Redness or rash may occur
- Contraindications: Pregnancy, Breastfeeding

What is in the box?

- Cream: Quantity sufficient cream substance in a metered pump bottle.

How do I take it?

- Cream: Apply topically to fat containing areas according to the instructions listed on your prescription.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Tesofensine

Tesofensine is a peptide medication that acts as a serotonin-norepinephrine-dopamine-reuptake-inhibitor. This medication acts as an appetite suppressant for weight reduction.

What does it do?

- Boosts metabolism
- Suppresses appetite
- Improves mood
- Reduces body weight (up to 25-30 lb over 6 month period)
- Decreases Hemoglobin A1C
- Reduces Cholesterol Levels
- Increases resting energy expenditure

What are the side effects? Risks?

- Side Effects: nausea, vomiting, diarrhea, nervousness, sleeplessness, constipation
- Contraindications: MI, AFIB, No SSRI

What is in the box?

Capsule: Quantity sufficient capsules shipped in a small plastic pill container.

How do I take it?

- Capsule: Quantity sufficient capsules shipped in a small plastic pill container.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.

- See supplemental information sheet regarding recommended diet plans.



AOD9604 is a peptide derivative of HGH. It targets areas with high amounts of fat deposition and stimulates fat loss by inhibiting lipogenesis and promoting lipolysis

What does it do?

- Promotes fat loss and fat burning without effecting blood sugar or tissue growth
- Causes fat release from obese fat cells
- Prevents new fat accumulation
- Boosts the body's metabolism
- Less appetite stimulation
- Reduces Cholesterol

What are the side effects? Risks?

- Side Effects: Minimal Nausea
- Contraindications: Previous Cancer

What is in the box?

- Troche: Quantity sufficient dissolvable troches shipped in a small plastic container.
- Injection: Prescription size vial with powdered medication, Alcohol Swabs, Bacteriostatic Water, Adjunct dilution needles, as well as Injection Needles
 - Dilution instructions listed on prescription
- Cream: Quantity sufficient cream substance in a metered pump bottle.

How do I take it?

- Troche: Dissolve troche under your tongue according to instructions listed on your prescription.
- Injection: Dilute the medication according to instructions listed on the packaging. Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen.
 - See supplemental informatino sheet regarding the Dilution of Medication.
 - See supplemental information sheet regarding specific Injection Techniques.
- Cream: Apply topically to fat containing areas according to the instructions listed on your prescription.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



BPC 157 (body protection compound) is a recovery peptide that helps heal injuries and also aids in quicker recovery from workouts.

What does it do?

- Supports joint health
- Accelerates wound healing
- Decreases Inflammation
- Supports cognitive performance
- Aids in ligament healing
- Promotes fat loss
- Benefits ulcers in the stomach
- Protects against drug-induced damage and reverses opioid tolerance

What are the side effects? Risks?

- Side Effects: Injection site Irritation
- Contraindications:

What is in the box?

- Pills: Quantity sufficient capsules shipped in a small plastic container.
- Injection: Prescription size vial with quantity and dose sufficient liquid medication, alcohol swabs, injection needles

How do I take it?

- Pills: Take one capsule a night, according to instructions listed on your prescription.
- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen, side of the thigh, back of the arm, or subcutaneously around the site of injury.
 - See supplemental information sheet regarding specific Injection Techniques.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



DSIP

Delta Sleep Inducing Peptide is a peptide that Increases restfulness and sleep by Increasing the length of REM sleep x5.

What does it do?

- Improves sleep patterns
- Reduces chronic pain
- Regulates circadian rhythm

What are the side effects? Risks?

- Side Effects: Headaches, Injection site Irritation
- Contraindications: Sleep apnea

What is in the box?

- Injection: Prescription size vial with Alcohol Swabs, Adjunct needles for dilution, as well as injections.

How do I take it?

- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen, side of your thigh, or back of your arm 30 minutes before bedtime.
 - See supplemental information sheet regarding specific Injection Techniques.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



IGF1-LR3 Is a peptide that helps build new muscles.

What does it do?

- Enhances muscle mass and strength
- Decreases fat
- Decreases Inflammation and autoimmunity
- Reduces muscle wasting
- Improves gut health
- Boosts collagen production
- Builds muscle
- Helps balance blood Insulin levels
- Supports weight loss

What are the side effects? Risks?

- Side Effects: Injection site Irritation, rash, nausea, low blood sugar
- Contraindications: Past or active cancer

What is in the box?

- Troche: Quantity sufficient dissolvable troches shipped in a small plastic container.
- Injection: Prescription size vial with powdered medication, Bacteriostatic Water, Alcohol Swabs, Adjunct needles for dilution, as well as injections.

How do I take it?

- Troche: Dissolve troche under your tongue according to instructions listed on your prescription. Take 10 minutes prior to OR after your workout.
- Injection: Dilute the medication according to instructions listed on the packaging. Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen, side of the thigh, or back of the arm. Take Mon-Fri, and off Sat and Sun.
 - See supplemental information sheet regarding the Dilution of Medication.
 - See supplemental information sheet regarding specific Injection Techniques.
- No longer than 2 month cycles every 6 months

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



CJC1295 is a peptide that Increases HGH, without affecting organ growth. When paired with Ipamorelin, it works to increase levels of lean muscle mass.

What does it do?

- Stimulates HGH
- Promotes fat loss and fat burning without affecting blood sugar or tissue growth
- Improves sleep quality
- Increases energy and Indurance
- Quicker recovery post-injury
- Improves cellular repair and aids In healing
- Improves Immune system
- Improves muscle mass
- Increases collagen production
- Improves libido

What are the side effects? Risks?

- Side Effects: Injection site Irritation, nausea, Insomnia
- Contraindications: Previous Cancer

What is in the box?

- Troche: Quantity sufficient dissolvable troches shipped in a small plastic container.
- Injection: Prescription size vial with powdered medication, Bacteriostatic Water, Alcohol Swabs, Adjunct needles for dilution, as well as injections.

How do I take it?

- Troche: Dissolve troche under your tongue according to instructions listed on your prescription.
- Injection: Dilute the medication according to instructions listed on the packaging. Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen.
 - See supplemental information sheet regarding the Dilution of Medication.
 - See supplemental information sheet regarding specific Injection Techniques.
 - Take Mon-Fri, off Sat & Sun.
- Take for 6 months, then off for 2 months.
- Do not eat 2-3 hours prior to, or 30 min after Injection

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



MOTS-C

MOTS-C is a peptide that works to recharge mitochondria for superior energy, as well as improve muscle metabolism and function via AMPK activation.

What does it do?

- Regulates metabolic processes
- Increases metabolism
- Promotes weight loss
- Increased energy
- Converts glucose into usable energy
- Helps prevent diabetes and obesity
- Promotes renewal of cellular turnover
- Anti-aging properties
- Recharge mitochondria

What are the side effects? Risks?

- Side Effects: nausea, Injection site Irritation
- Contraindications: Previous or active Cancer

What is in the box?

- Injection: Prescription size vial with powdered medication, Bacteriostatic Water, Alcohol Swabs, Adjunct needles for dilution, as well as injections.

How do I take it?

- Injection: Dilute the medication according to instructions listed on the packaging. Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen.
 - See supplemental information sheet regarding the Dilution of Medication.
 - See supplemental information sheet regarding specific Injection Techniques.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Nicotinamide Adenine Dinucleotide (NAD) plays key roles in regulation of almost all major biological processes through cellular repair.

What does it do?

- Cellular anti-aging
- Boosts energy
- Enhances cognition
- Aids in disease prevention
- Increased mental clarity
- Combats fatigue and exhaustion

What are the side effects? Risks?

- Side Effects: Injection site Irritation
- Contraindications: Previous or active Cancer

What is in the box?

- Injection: Prescription size vial with liquid medication, Alcohol Swabs, Needles for injection

How do I take it?

- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen, side of your thigh, or back of your arm 30 minutes before bedtime.
 - See supplemental information sheet regarding specific Injection Techniques.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Sermorelin/Ipamorelin

Sermorelin/Ipamorelin is a peptide that works to Increase HGH, which helps with growth of lean muscle mass and fat loss.

What does it do?

- Increases lean muscle mass
- Promotes fat loss
- Increases energy and strength
- Accelerates and promotes wound healing
- Improves sleep quality
- Improves cardiovascular and Immune function
- Improves bone density
- Improves skin quality and higher collagen density

What are the side effects? Risks?

- Side Effects: nausea, Injection site Irritation
- Contraindications: Previous or active Cancer

What is in the box?

- Troche: Quantity sufficient dissolvable troches shipped in a small plastic container.
- Injection: Prescription size vial with powdered medication, Bacteriostatic Water, Alcohol Swabs, Adjunct needles for dilution, as well as injections.

How do I take it?

- Troche: Dissolve troche under your tongue according to instructions listed on your prescription.
- Injection: Dilute the medication according to instructions listed on the packaging. Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen.
 - Take Mon-Fri, off Sat & Sun
 - See supplemental informatino sheet regarding the Dilution of Medication.
 - See supplemental information sheet regarding specific Injection Techniques.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



MK677 is a peptide that helps grow HGH and IGF-1 to Improve strength and muscle mass.

What does it do?

- Promotes fat loss
- Increases bone density
- Increases body mass and muscle mass
- Improves sleep quality by Increasing length of REM sleep
- Increases energy
- Increases endurance
- Improves cellular repair
- Decreases body fat percentage

What are the side effects? Risks?

- Side Effects: Injection site Irritation, weight gain
- Contraindications: Previous or active cancer

What is in the box?

- Pills: Quantity sufficient capsules shipped in a small plastic container.

How do I take it?

- Capsule: Take according to instructions listed on your prescription. Take one per day at bedtime.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Epithalon is a peptide known as the "fountain of youth." It Increases telomere length, which Increases the amount of years you live.

What does it do?

- Increases and restores telomere length.
- Normalizes carbohydrate and fat metabolism
- Improves cognitive capabilities
- Improves glucose tolerance
- Improves cholesterol and heart health
- Improves sleeping patterns
- Lowers Incidence of osteoarthritis and osteoporosis
- Reduces incidence of respiratory disease
- Repairs damaged and weakened muscles

What are the side effects? Risks?

- Side Effects: feeling tired
- Contraindications: Previous or active cancer

What is in the box?

- Troche: Quantity sufficient dissolvable troches shipped in a small plastic container.
- Injection: Prescription size vial with quantity and dose sufficient liquid medication, Alcohol Swabs, Injection needles

How do I take it?

- Troche: Dissolve troche under your tongue according to instructions listed on your prescription.
- Take the troches at night for 20 days.
- Injection: Dilute the medication according to instructions listed on the packaging. Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen, side of your thigh, or back of your arm.
 - See supplemental information sheet regarding specific Injection Techniques.
- Take the Injections at night for 10 days.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



morph HEALTH + WELLNESS

morpHair Products

morpHair Products are topical combinations formulated to stimulate hair growth and increase the number of follicles and thickness in males and females.

What does it do?

- Stimulates hair growth
- Increases hair follicles
- Increases hair thickness

What are the side effects? Risks?

- Side Effects: scalp irritation
- Contraindications: pregnancy, breastfeeding,

What is in the box?

- Foam: Quantity sufficient volume of foam substance in a metered pump bottle.
- Spray: Quantity sufficient volume of spray liquid substance in a spray bottle.

How do I take it?

- Foam: Apply 1-2 pumps twice daily Q AM and PM to problem areas
- Spray: Apply 1-2 sprays twice daily Q AM and PM to problem areas

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



morph HEALTH + WELLNESS

morph Skin Sciences

morph Skin Sciences are a range of skincare products derived from peptides that aid in anti-aging, reduction of fine lines and wrinkles, as well as improvement in your skin's overall texture and appearance.

Skin Sciences Products

- Peptide Renewal Serum
 - A GHK-Cu peptide and Vitamin A derivative combination formula that reduces the appearance fine lines and wrinkles, as well as improve your skin's texture and appearance.
- Rejuvenation Facial Cream
 - A Hyaluronic Acid and GHK-Cu peptide combination formula boosting the development of underlying collagen structure, increasing elasticity and skin moisture, and reducing wrinkles.
- Rejuvenation Facial Cream + Tretinoin
 - Our Rejuvenation Facial Cream and all of its benefits plus Tretinoin to increase cellular turnover as a gold-standard in anti-aging skincare.

What are the side effects? Risks?

- Side Effects: Skin purging such as dry skin, redness, irritation, rash, skin peeling/flaking, breakouts
- Contraindications: Pregnancy and breastfeeding, if it contains Tretinoin

What is in the box?

- Serum: Quantity sufficient serum substance in a metered pump bottle.
- Cream: Quantity sufficient cream substance in a metered pump bottle.

How do I take it?

- Peptide Renewal Serum
 - Apply 1 pump directly to face every night, as tolerable.
 - Apply prior to Rejuvenation Facial Cream.
 - Do not use in conjunction with Vitamin C
- Rejuvenation Facial Cream
 - Apply 1 pump directly to face every night, as tolerable.
 - Apply after Peptide Renewal Serum.
- Rejuvenation Facial Cream + Tretinoin
 - Apply 1 pump directly to face every night, as tolerable.
 - May need to alternate nights of application in order to build tolerance to the Tretinoin.
 - Apply after Peptide Renewal Serum

Anything else I need to know?

With any skin care product, allow a period of time for your skin to be able to tolerate the products, and understand there may be a "purging period" of up to six weeks. These are prescription strength skin care products and are stronger than those classified as medical grade skincare that you can purchase through retail.

Please reach out to your provider for any additional questions or concerns regarding your prescription. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Bremelanotide PT 141

Bremelanotide PT 141 Is a peptide that Increases sexual desire for both males and females through the nervous system rather than the vascular system like Viagra.

What does it do?

- Increases sexual frequency
- Boosts sex drive
- Treatment for men and women with hypoactive sexual desire disorder
- Beneficial for premenopausal women
- Raises sexual desire
- Increases sexual function Index total score and female sexual distress scale- desire/arousal/orgasm total score
- Beneficial for erectile dysfunction (ED)
- Increases energy

What are the side effects? Risks?

- Side Effects: Nausea
- Contraindications: pregnancy and breastfeeding

What is in the box?

- Injection: Prescription size vial with quantity and dose sufficient liquid medication, Alcohol Swabs, and Injection needles
- Nasal spray: Prescription grade nasal spray bottle

How do I take it?

- Nasal spray: Instill 1 spray Into each nostril 1-4 hours prior to sexual activity
 - Do not exceed more than 1 spray per nostril
- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen.
 - See supplemental information sheet regarding specific Injection Techniques.
 - Inject 50 units 1 hour before sex. If results are not achieved, Inject 12.5mg until desired effects.
 - Titration may be needed to achieve desired response.
- Dose 2 times weekly initially, then Increase If tolerated.
- Do not exceed 100 units (2mg) In 72 hours

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Melanotan II

Melanotan II is a stimulating peptide that increases melanin production via stimulation of skin pigment cells called melanocytes, leading to darker skin and hair.

What does it do?

- Stimulates melanocytes in the skin
- Produces and releases melanin
- Increases tanning and skin darkening
- Suppresses appetite

What are the side effects? Risks?

- Side Effects: Facial flushing, reduced appetite, nausea and vomiting, spontaneous erections in males
- Contraindications: pregnancy and breastfeeding

What is in the box?

- Injection: Prescription size vial with powdered medication, Bacteriostatic Water, Alcohol Swabs, Adjunct needles for dilution, as well as injections.

How do I take it?

- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen.
 - See supplemental information sheet regarding specific injection and dilution Techniques.
 - Typical dosage range is 0.5 to 2.0 mg/day, with a preferred range of 0.5 to 1.0 mg/day. However, it's best to first assess tolerance with lower dosing of 0.25 mg at a time.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



morph HEALTH + WELLNESS

Dihexa

Dihexa is a peptide that helps Improve cognitive function, especially for those with chronic cognitive disorders.

What does it do?

- Improves cognitive function
- Helps In the treatment of Alzheimer's and Parkinson's Disease
- Improves long- and short-term memory
- Helps manage depression
- Enhances creative thinking and social Interaction
- Improves focus

What are the side effects? Risks?

- Side Effects: nausea
- Contraindications: pregnancy, breast feeding

What is in the box?

- Pills: Quantity sufficient capsules shipped in a small plastic container.

How do I take it?

- Pills: Take one capsule a day, as prescribed. Instructions are Included on the pill bottle from the pharmacy.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



morph HEALTH + WELLNESS

5-Amino-1 MQ

5-Amino-1 MQ Is a peptide that helps the body shrink fat cells and correct metabolism, which accelerates weight loss.

What does it do?

- Reduces the formation of fat cells and size
- Reverses diet-induced obesity
- Increases fat metabolism
- Decreases cholesterol levels
- Produces dramatic weight loss
- Improves blood sugar levels
- Fights Inflammation
- Enhances aged muscle regeneration

What are the side effects? Risks?

- Side Effects: insomnia If taken too late In the day
- Contraindications: pregnancy, breast feeding, heart attack, atrial fibrillation

What is in the box?

- Pills: Quantity sufficient capsules shipped in a small plastic container.

How do I take it?

- Pills: Take one capsule a day, as prescribed. Instructions are Included on the pill bottle from the pharmacy.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Tesamorelin

Tesamorelin is a synthetic peptide made of growth hormone releasing hormone that stimulates growth hormone to be released, aiding in muscle building and decreasing abdominal fat.

What does it do?

- Restores growth hormone
- Reduces visceral fat
- Improves metabolism
- Promotes fat loss
- Increases energy
- Reduces the risk of cardiovascular event
- Reduces abdominal fat
- Reduces triglycerides

What are the side effects? Risks?

- Side Effects: Pain, swelling, tingling and numbness in the extremities, muscle aches, itching, vomiting
- Contraindications: pregnancy and breastfeeding, previous cancer, Type I Diabetes

What is in the box?

- Injection: Prescription size vial with powdered medication, Bacteriostatic Water, Alcohol Swabs, Adjunct needles for dilution, as well as injections.

How do I take it?

- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen, or near any injury site.
 - See supplemental information sheet regarding specific injection and dilution Techniques.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.

Testosterone

Testosterone is a hormone produced in the testes, ovaries, and adrenal cortex. It is important for both males and females to have an ideal testosterone level to help improve quality of life overall.

What does it do?

- Improves libido
- Helps increase muscle mass
- Improves mood and cognition
- Aids in anti-aging
- Prevents disease
- Increases cellular repair
- Helps cut abdominal fat

What are the side effects? Risks?

- Side Effects: rash, nausea, facial flushing, acne, deepening of voice, breast enlargement/pain, difficulty sleeping
- Contraindications: certain cancers (breast, prostate, colon), enlarged prostate, polycythemia (too many red blood cells)

What is in the box?

- Injection: Prescription size vial with quantity and dose sufficient liquid medication, Alcohol Swabs, and Injection needles
- Cream: Quantity sufficient cream substance in a metered pump bottle.

How do I take it?

- Injection: Draw up the appropriate dose found on your prescription vial and inject in your arm/shoulder or your thigh.
 - See supplemental information sheet regarding specific injection techniques
- Cream: Apply topically to underarm areas according to the instructions listed on your prescription.

Adjuncts for male TRT:

We can add any of the following to TRT:

- Anastrozole injection/ pills- estrogen blocker
- Enclomiphene pills- helps maintain fertility and body's own production of testosterone
- Hcg- helps with fertility, increases sperm production

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Anastrozole

Anastrozole is a nonsteroidal aromatase inhibitor that works by decreasing the amount of estrogen the body makes.

What does it do?

- Decreases the amount of estrogen the body makes
- Blocks the body's conversion of testosterone to estrogen
- Can be used as an adjunct to testosterone therapy for males
- Prevents gynecomastia (swollen male breast tissue)

What are the side effects? Risks?

- Side Effects: nausea, vomiting, hot flashes, loss of appetite, fatigue, weakness
- Contraindications: pregnancy

What is in the box?

- Pills: Quantity sufficient capsules shipped in a small plastic container.
- Injection: Prescription size vial with quantity and dose sufficient liquid medication, Alcohol Swabs, and Injection needles

How do I take it?

- Injections: Anastrozole can be combined with testosterone Injections (in one shot). Dosing Is Individualized per patient.
 - Draw up the appropriate dose found on your prescription vial and inject In your arm/ shoulder or your thigh.
 - See supplemental information sheet regarding specific injection techniques
- Pills: Take one capsule, 1 hour prior to testosterone Injection. Patient specific instructions are included on the pill bottle from the pharmacy.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Hexarelin

Hexarelin is a

What does it do?

- Increases growth hormone levels by signaling the anterior pituitary to naturally supply your own body's growth hormone factor.
- By doing this, it reverses your biological age, increases fat-burning factors, improves muscle tone, and improves strength.

What are the side effects? Risks?

- Site injection reaction that could include some irritation, redness or itching.

What is in the box?

- Pills: Quantity sufficient capsules shipped in a small plastic container.
- Injection: Prescription size vial with quantity and dose sufficient liquid medication, Alcohol Swabs, and Injection needles

How do I take it?

- Injections: Subcutaneous injections. 5 days on, 2 days off.
- Dosing Is Individualized per patient.
 - Draw up the appropriate dose found on your prescription vial.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Enclomiphene

Enclomiphene is BLANK.

What does it do?

- Helps raise testosterone levels while maintaining sperm counts

What are the side effects? Risks?

- Side Effects: hot flashes, mood swings, breast tenderness, nausea
- Contraindications:

What is in the box?

- Pills: Quantity sufficient capsules shipped in a small plastic container.

How do I take it?

- Pills: Take one capsule, one hour before testosterone Injection.
 - Patient specific instructions are included on the pill bottle from the pharmacy.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Nandrolone

Nandrolone is BLANK.

What does it do?

- Info here

What are the side effects? Risks?

- Side Effects:
- Contraindications:

What is in the box?

- Injection: Prescription size vial with quantity and dose sufficient liquid medication, Alcohol Swabs, Injection needles

How do I take it?

- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen, or near any injury site.
 - See supplemental information sheet regarding specific Injection Techniques.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Hexarelin

Hexarelin is a growth hormone stimulating medication that increases your bodies own naturally-produced growth hormone factor.

What does it do?

- Increases growth hormone levels by signaling the anterior pituitary to naturally supply your own body's growth hormone factor.
- By doing this, it reverses your biological age, increases fat-burning factors, improves muscle tone, and improves strength.

What are the side effects? Risks?

- Site injection reaction that could include some irritation, redness or itching.

What is in the box?

- Injection: Prescription size vial with powdered medication, Bacteriostatic Water, Alcohol Swabs, Adjunct needles for dilution, as well as injections.

How do I take it?

- Injection: Draw up the appropriate dose found on your prescription vial and inject subcutaneously in your abdomen, or near any injury site. 5 days on, 2 days off.
- See supplemental information sheet regarding specific injection and dilution Techniques.
- Dosing Is Individualized per patient.
 - Draw up the appropriate dose found on your prescription vial.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



G3 is a multi-receptor agonist targeting GLP-1, GIP and Glucagon Receptors, that is 8.9 fold more potent than leading competitors Tirzepatide and Semaglutide.

What does it do?

- Patients expected to lose up to 24.2% body weight in 48 weeks compared to Tirzepatide, which is 22% body weight loss in 72 weeks and Semaglutide, which is 15% body weight loss in 68 weeks.
- 8.9 fold more potent at GIP-R than human GIP! So this drug is far and away more potent than Tirzepatide at GIP-R agonism which means it further enhances any of the GIP-R effects AND the GLP-1 effects in a synergistic manner.
- Improves weight loss, speeds up metabolism, decreases appetite, increases energy, performance enhancement due to cardiac benefits, burn excess fat and decreases liver fat.

What are the side effects? Risks?

- Possible side effects are nausea and constipation.
- Possible to experience irritation at the injection site.

How do I take it?

- Dosing Is Individualized per patient.
 - Draw up the appropriate dose found on your prescription vial.

What is in the box?

- Prescription size vial with quantity and dose sufficient liquid medication, Alcohol Swabs, and Injection needles

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.



Linc

Linc is a long-acting amylin analog that decreases and suppresses appetite, slows gastric emptying, and it induces a satiating effect in the brain.

What does it do?

- Used for co-administration with other GLP-1 agonists, like Semaglutide or Tirzepatide
- By using Linc as a booster injection, patients lost 7.3% more body weight compared to Semaglutide alone.
- Suppresses appetite, slows gastric emptying, and induces a satisfying effect in the brain.

What are the side effects? Risks?

- Possible side effects are nausea and constipation.
- Could experience irritation at the injection site.

What is in the box?

- Prescription size vial with quantity and dose sufficient liquid medication, Alcohol Swabs, and Injection needles

How do I take it?

- Dosing Is Individualized per patient.
 - Draw up the appropriate dose found on your prescription vial.
- To be used as an adjunct to other GLP-1 agonist. Should not be taken alone.

Anything else I need to know?

Please reach out to your provider for any additional questions or concerns regarding your prescription, as well as assistance with other diet or lifestyle recommendations. We are here to help you each step of the way and are excited to be a part of your metamorphosis.